



WORLD THROMBOSIS DAY  
13 OCTOBER

## 2015 Key Messages

1. One in four people worldwide are dying from causes related to thrombosis. VTE (blood clots in the leg and lungs) assumes a large share of this disease burden.
2. Being in the hospital is a leading risk factor for developing VTE.
3. VTE is the most common cause of *preventable* hospital death – ahead of infection and pneumonia.
4. Anyone going into the hospital should **Think VTE** – make VTE risk assessment a priority for themselves and the hospital staff.
5. Being checked for your risk of VTE while at the hospital is your right. Insist on it.  
*For some countries/cultures: You deserve to be checked for your risk of VTE at the hospital. Be persistent in asking to be assessed.*
6. As part of that risk assessment, make sure the hospital staff also checks your pulse to assess if you have atrial fibrillation (AFib), a type of arrhythmia or irregular heartbeat.
7. This World Thrombosis Day, take the pledge to **Think VTE** for yourself and your loved ones. Learn more about VTE risk factors, sign and symptoms and questions to ask your doctor. Act now – go to [WorldThrombosisDay.org](http://WorldThrombosisDay.org).

**THINK VTE**

WorldThrombosisDay.org